



DIY Doctor's Kit

Pre-K to Kindergarten

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Overview

This is a very fun and simple lesson, trying to teach young children about what they can usually find in a doctor's kit. In this lesson, they will be "pretend-playing" as a doctor and will be making their own doctor's kit out of paper!

Materials Needed

- Black construction paper
- Red construction paper
- Stapler
- Glue
- White chalk
- Band-aids, Cotton balls, Q-tips, etc.

Steps

1. Fold the black paper in half.
2. Draw a "doctor bag" so that the fold is at the bottom of the bag.
3. Cut it out, and staple the sides together.
4. Cut a cross out of the red paper, and glue it on the bag.
5. Write Doctor (Name) on the other side of the bag.
6. Put band-aids, cotton balls, Q-tips, and anything else you can find in a doctor's bag, that the children could play with.

Terminology Associated with Lesson

Doctor - a qualified practitioner of medicine; a physician

First Aid Kit - a box containing medical supplies

Band Aid - a brand of adhesive bandage with a gauze pad in the center, used to cover minor abrasions and cuts

Notes To Instructor

This should be a very fun lesson for the children, as they will discover what kinds of things are in a first aid kit, all the while making themselves a small version of one! As always, feel free to customize this to your own likings and accessibility to materials!